

The **Constrictor Knot** is a very useful binding knot, and can be used as a temporary seizing or even a whipping. Ashley has a host of uses for it...seizing garden hose, holding a fuse to a dynamite cartridge, bagging grapes, toting a bear, as well as all sorts of nautical seizings. It is one of my favorites, and I use it frequently. It will hold tight to any round or convex surface.

The three figures illustrate how it is made.

